



Wayland High School eNews

March 24, 2016

### Greetings!

Our diligent sophomores just finished three straight mornings of ELA MCAS testing -- whew! (Math will take place in May.) Congratulations and thanks to them for charging through this week with good cheer and seriousness of purpose.

I'd like to draw your attention to the information below pertaining to the release of the video presentation of the Northeastern report on the WHS athletic program.

Also, we have a number of exciting events coming up in April, starting with TEDx on Saturday, April 2! A lineup of WHS speakers and performers will impress you with their aptitude, insights on life, and depth of understanding on a range of topics. Tickets may be purchased at <http://www.tedxwayland.org>. On the same day, two teams representing WHS will be competing in the Tenacity Challenge at Bedford High School, an annual academic competition for teams of Latino and African-American students from Massachusetts high schools. We are proud of the many ways that our students continue to share their talents!

Enjoy the weekend.

**Allyson**

Allyson Mizoguchi  
WHS Principal

### PRESS RELEASE

#### Video of Northeastern Study presentation to be available on WayCAM



In the fall of 2015, Wayland High School partnered with the Northeastern University Center for the Study of Sport in Society to conduct a uniquely comprehensive study of its athletic program. The final report, which was released in February and is posted on the Wayland Public Schools website, will be available early next week as a video presentation and may be viewed on WayCAM on demand. The purpose of launching the Northeastern study was to focus on the athletic program itself and on the experiences of our athletes within the context of current research and best practices. This study took a look at the perceptions of students (athletes and non-athletes), parents, community members, coaches and other staff members. A strong athletic program fosters not only improved athletic skills, but positive youth development in general. Maintaining its focus on positive youth development, the WHS Athletic Department and Administration is

now in the process of implementing the six recommendations from the report.

### What Everyone Must Know About Tween/Teen Brain

#### Development & Substance Abuse

Thursday, March 31st ~ 7:00 pm

Weston High School Auditorium

444 Wellesley Street, Weston

All are welcome to attend this presentation and community panel and forum. Click [here](#) to view the flyer.

### Next PIE & Coffee Discussion

Friday, April 8 ~ 7:45 am

WHS Faculty Lounge

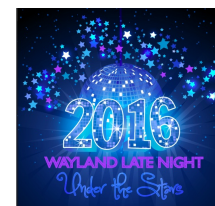


## Reminders

### The Annual After Prom Party

Late Night ~ May 14, 2016

Meetings, Student Registration and Donation Information



Saturday, May 14th is the night of the Junior Prom! This year parents will organize and host the 19th Annual Late Night after prom party! This event, chaperoned by adults and 100% substance free, will be held immediately following Prom at Wayland High School. The cost is approximately \$75.00 per attendee which we keep **free** for all to attend.

**GET INVOLVED:** Our next open parent meetings will be Monday, April 11 at 7:45 am at WHS and Wednesday, April 13 at 7:00 pm at WHS. The meetings will take place in the administrative conference room in the Main Office at WHS. Freshman and sophomore parents can volunteer via the website to chaperone the event. Junior parents, we will need your help.

**DONATIONS:** A number of Wayland families and businesses have contributed and we are on our way to our goal. If you have not donated yet, please consider donating online. Family and business tax deductible donations can be made online at <http://waylandlatenight.wix.com/2016#!donate/cee5>

**REGISTRATION:** All students (and guests) attending Late Night Celebration must register. A parent/legal guardian **and** student must both complete information online and agree to all Late Night rules. You can also print the online form from the website and drop it off in the WHS Main Office. **Parent/Guardians and students**, please complete the registration form by clicking this link <http://waylandlatenight.wix.com/2016#!blank/f00i4>

### Wayland High School Community Service Awards

Nominations Due April 1



Do you know a high school student who deserves to be recognized for his or her community service work? Nominations for the Annual Wayland High School Community Service Awards are due on Friday, April 1. Nomination materials and eligibility criteria can be found [here](#). Applications are also available in the Guidance Department.

### WHS Student Volunteers Needed

#### Wayland Child and Parent Association 's Pancake Breakfast

Saturday, April 2 ~ 8:30-10 am

Wayland High School



WCPA is hosting a Pancake Breakfast on Saturday, April 2nd at Wayland High School and is seeking a few student volunteers who would be willing to volunteer their time to participate in activities with the children (face painting, dance contest, etc.). The event will run from 8:30-10 am. If interested, please contact Allison Kates at [alliekat325@gmail.com](mailto:alliekat325@gmail.com).

### TEDx 2016 ~ April 2

Tickets Are On Sale Now



TEDx 2016 tickets are on sale now! Our theme this year is Rising Strong and we have 10 dynamic student speakers and 4 outstanding performers. Speaking topics will range from net neutrality, overcoming adversity through fashion to myths about gamers, shyness to singing, mass incarceration, conquering anorexia through service and more. The event will also feature a slam poetess, pianist, jazz quartet and performance-art troupe. Buy your tickets at locations listed below. If you are interested in volunteering (which we need!), please contact Ashley Welch.

### TEDx 2016

**When:** April 2, 5 - 9 pm

**Where:** Wayland High School

**Tickets:** <http://www.tedxwayland.org> for \$25 VIP tickets or at Wayland High School Main Office for \$10 donation seats or at the door.

*Checks only will be accepted at WHS and should be made payable to **Social Good Fund**. Please write [TEDXYouth@Wayland](mailto:TEDXYouth@Wayland) in the memo.*

Questions? Please contact Ashley Welch, [awelch743@gmail.com](mailto:awelch743@gmail.com)

### Prom Prep: Beauty Begins Within

Presented by Middlesex District Attorney, Marian Ryan & Empire Beauty Schools

Saturday, April 9 ~ 1-3 pm



This event is for Middlesex County high school students and their parents featuring Empire Beauty School's Prom hair show and information for teens on healthy relationships and personal safety. All attendees will receive a coupon for a future complimentary service.

Click [here](#) to download the event flyer.

### Girls STEM Summit

Sunday, April 10, 2016 ~ 8:00 am - 4:15 pm

Regis College, Weston, MA



Are you interested in a career using science, technology, engineering or math. If so, Regis College is hosting the Girls STEM Summit on Sunday, April 10. This is a one-day seminar for high school girls in grades 8-12. If interested, click [here](#) for more information.

## WHS Advisory Service Day

Wednesday, April 13



This year's Advisory Service Day at Wayland High School takes place on Wednesday, April 13. We are currently lining up service projects around town. If you know any senior citizens, disabled persons, or families in great need who could use our help with yard work or an early spring yard cleanup, please let us know! Please email Allyson Mizoguchi at WHS at [allyson\\_mizoguchi@wayland.k12.ma.us](mailto:allyson_mizoguchi@wayland.k12.ma.us) if you have someone in mind.

## WHS Guidance Director Marybeth Sacramone To Be Honored

Thursday, April 28

Cary Memorial Building, Lexington



Congratulations to our Guidance Director Marybeth Sacramone, who is a 2016 recipient of the Goldin Foundation for Excellence in Education Award!

She will be honored at a reception and Educators Forum on Thursday, April 28 at the Cary Memorial Building in Lexington, MA. All are invited to attend this wonderful event to help celebrate the outstanding work of our friend and colleague. Attached please find more information about this celebration and about the Goldin Foundation.

[Goldin Foundation for Excellence in Education Award Ceremony](#)

## Mark Your Calendars

### P.I.E. & Coffee Discussions



Mark your calendars for the Parent Information Exchange (P.I.E.) and Coffee Discussion meetings. Below is the remaining schedule for the 2015-2016 school year. All meetings will take place in the WHS Faculty Lounge with the exception of Thursday, March 10 at 7:00 pm which will be in the Lecture Hall.

- Friday, April 8 - 7:45 am
- Friday, May 6 - 7:45 am
- Friday, June 3 - 7:45 am

## Attention All Students

### Looking for an Elective for Next School Year?

If you are looking for a new elective for next school year, take **Latinos Today!** Latinos Today will:

- Be Taught in English
- Review Ethnic current events/watch relevant film
- Discuss race issues in the US and abroad
- Understand multicultural perspectives
- Examine Immigration realities

Did you know Latinos are...

- The biggest group of immigrants in each state
- The youngest group of major immigrants in the US
- Responsible for more than one trillion dollars of buying power in the US

In 2015, one in every three Americans will be of Latino descent.

**WHS School Store - NEW HOURS!**

### Open Fridays

10:30 am - 12:30 pm

The school store will be open on Fridays from 10:30 am - 12:30 pm. Stop in to see the *new* WHS t-shirts and lanyards.



### Last Day of School for Grades 9-11

Monday, June 20

Due to the February 8 snow day, as of now, the last day of school for grades 9-11 is Monday, June 20.



### Important Guidance Dates to Remember

- April 8: Deadline for May 7 SAT
- May 6: Deadline for June 11 ACT - not offered at WHS
- May 22 & 23: Boston National College Fair, Boston Convention & Exhibition Center. More information [here](#).



### Attention Parents of Seniors

Just a reminder that the WHS Scholarship application is available in Guidance and online. The scholarship is based on financial need, so in order to apply, students/parents must also have completed or are in the process of completing the FAFSA. You can pick up a paper copy of the scholarship application in the Guidance Office, or by [clicking here](#). You can also visit the [Wayland Scholarship Program](#) link for further information. Deadline to apply is March 31, 2016.

The Guidance Office also lists private scholarship applications that students can see in Naviance. Paper copies of scholarships that come to our office are also available in Guidance. Lastly, [fastweb.com](#) is an excellent site for scholarship searches.

### Did you miss the Future Planning Night for Parents of Juniors?

No worries. Here is a video of the program that included a panel of admission representatives, Educational Consultants, and a seasoned parent. Q&A ran the gamut from how colleges evaluate GPAs and essays to how to help your student/family keep the future planning process in perspective. View the [video here](#) at your leisure.



### Attention All Parents & Guardians

#### Attendance Policy

Please click [here](#) to review the attendance policy as stated in the 2015-16 Student Handbook which can be found [here](#). This is a gentle reminder of the daily attendance, excused absences, and dismissal procedures and policies put forth by the WHS School Committee. Thank you for your cooperation with these important issues.



### Attention All Students

#### Snack & Relax

Wednesdays - 1:15 pm Room B115

Snack & Relax is located in room B115 immediately after school on Wednesdays from 1:15-2:15pm. Students can stop by to have a snack, chat and try guided mindfulness meditation



exercises with WHS Adjustment Counselor Mr. James Chiarelli and Wayland Youth and Family Services Psychologist Dr. Dossie Kahn.

### **Attention Seniors & Parents/Guardians of Seniors**

The New England Regional Tuition Break Program allows students from Massachusetts to attend other New England colleges for state tuition rates for certain majors that are not offered at any of our public colleges or universities in Massachusetts. So if your senior is interested in a unique major, check out the resources at the following links:

- The [2016-17 Tuition Break Brochure for Massachusetts Residents](#) - lists the bachelor's degree programs offered by public colleges and universities in the five other New England states
- The [2016-17 Tuition Break Undergraduate Catalog](#) (available online only) lists approved associate and bachelor's programs by area of study and by institution, as well as campus contact information.

### **The ACT**

ACTs are taken in the spring semester. There is no pre-ACT test. Sophomores will have access to ACT test prep for free through their Naviance accounts during Sophomore Seminars.



Here is a link to the [ACT website](#) and [ACT Test Descriptions](#) for more information. Click this link, [Admissions Tests Dates and Fees](#), for additional information. Parents/guardians can also email their child's counselor who can discuss the ACT with their student as well.